Unit PPL2PRD20 (HL0C 04) Liaise with Care Team to Ensure that Individuals'

Nutritional Needs are Met

I confirm that the evidence detailed in this unit is my own work.

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| **Candidate’s name** |  | **Candidate’s signature** |  | **Date** |
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I confirm that the candidate has achieved all the requirements of this unit.

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| **Assessor’s name** |  | **Assessor’s signature** |  | **Date** |
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| **Countersigning — Assessor’s name**  **(if applicable)** |  | **Countersigning — Assessor’s signature**  **(if applicable)** |  | **Date** |
|  |  |  |

I confirm that the candidate’s sampled work meets the standards specified for this unit and may be presented for external verification.

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| --- | --- | --- | --- | --- |
| **Internal verifier’s name** |  | **Internal verifier’s signature** |  | **Date** |
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| **Countersigning — Internal verifier’s name**  **(if applicable)** |  | **Countersigning — Internal verifier’s signature**  **(if applicable)** |  | **Date** |
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| **External Verifier’s initials and date (if sampled)** |  |

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| **Unit overview** |
| This unit is about caterers working with care team staff to ensure that clients in the care sector and patients in hospitals receive adequate nutrition and fluids through the provision of meals.  The unit requires that the individual has a sound knowledge of the nutritional requirements of the general population and how food meets these requirements.  This unit focuses on the technical knowledge and skills required to liaise with care team to ensure that individuals’ nutritional needs are met; however it should be assessed in the wider context of safe and hygienic working practices. |

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| **Sufficiency of evidence** |
| There must be sufficient evidence to ensure that the candidate can consistently achieve the required standard over a period of time in the workplace or approved realistic working environment. |

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| **Performance criteria** |
| **What you must do:** |
| There must be evidence for **all** Performance Criteria (PC). The assessor **must** assess PCs 1–7 by directly observing the candidate’s work. |
| **1 Develop relationships with carers that recognises their role and expertise**  **2 Work with care team to identify specific nutritional requirements of individuals and groups of customers**  **3 Understand, use and explore any information with carers, gaining clarification on specific points**  **4 Work with appropriate people to gather information about resources, and options that are available to meet the nutritional needs identified**  **5 Work with carers to identify what additional support is needed to ensure that nutrition and fluid requirements are met including the consistency, timing and service of the food**  **6 Follow organisational procedures to ensure that customer requirements are recorded and available to authorised people**  **7 Seek additional help where the needs are outside your scope of responsibility and expertise** |

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| **Evidence reference** | **Evidence description** | **Date** | **Performance criteria** | | | | | | |
| **What you must do** | | | | | | |
|
| **1** | **2** | **3** | **4** | **5** | **6** | **7** |
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| **Knowledge and understanding** | | **Evidence reference**  **and date** |
| **What you must know and understand** | |
| For those knowledge statements that relate to **how** the candidate should do something, the assessor may be able to infer that the candidate has the necessary knowledge from observing their performance or checking products of their work. In **all** other cases, evidence of the candidate’s knowledge and understanding must be gathered by alternative methods of assessment (eg oral or written questioning). | |
| 1 | The key care roles that operate within the organisation and the need to liaise with them |  |
| 2 | The nutritional requirements that customers may have |  |
| 3 | The most appropriate meal options available to support nutritional requirements |  |
| 4 | The role of a ‘care plan' |  |
| 5 | The significance of meal times and rotated meal times |  |
| 6 | How nutritional screening is implemented within the organisation |  |
| 7 | The information that can be interpreted and used following nutritional screening |  |
| 8 | What quantity of nutrients are typically needed to maintain a good dietary balance |  |

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# Supplementary evidence

|  |  |  |
| --- | --- | --- |
| **Evidence** | | **Date** |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
| 6 |  |  |

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| **Assessor feedback on completion of the unit** |
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